

USPA Northwest Open Championships December 15, 2018 Bremerton, WA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	56kg Jr 13-15														
1	Emma Clark	WA	56kg	52.15	14	80	45	102.5	227.5	282.987		176.4	99.2	226	501.5
	56kg Open														
1	Alyssa Marzolf	OR	56kg	55.9	28	132.5	67.5	145	345	406.514		292.1	148.8	319.7	760.6
2	Emma Clark	WA	56kg	52.15	14	80	45	102.5	227.5	282.987		176.4	99.2	226	501.5
3	Zahraa Al-Alak	WA	56kg	55.95	25	75	42.5	110	227.5	267.859		165.3	93.7	242.5	501.5
	60kg Open														
1	Dani Schemm	WA	60kg	59.95	31	132.5	92.5	165	390	435.084		292.1	203.9	363.8	859.8
2	Andrea Pulkkinen	WA	60kg	59.5	31	112.5	62.5	127.5	302.5	339.435		248	137.8	281.1	666.9
	67.5kg Open														
1	Kim Loney	WA	67.5kg	64.8	35	82.5	42.5	115	240	252.36		181.9	93.7	253.5	529.1
	75kg Open														
1	Brianna Durand	WA	75kg	71.1	25	132.5	85	125	342.5	337.123		292.1	187.4	275.6	755.1
2	Shelby Loyer	WA	75kg	74.7	26	82.5	60	102.5	245	233.485		181.9	132.3	226	540.1
DQ	Tamara Farber	WA	75kg	67.9	38	95	0	97.5	0	0		209.4	0	214.9	0
	82.5kg Open														
1	Tiana Anderson	OR	82.5kg	77.5	31	125	75	147.5	347.5	323.801		275.6	165.3	325.2	766.1
2	Sherry Phay	WA	82.5kg	79.3	44	110	77.5	137.5	325	298.838	311.688	242.5	170.9	303.1	716.5
	90kg Open														
1	Jaymee Mansanas	WA	90kg	88.8	26	167.5	77.5	167.5	412.5	358.463		369.3	170.9	369.3	909.4
2	Lisa Dimak	WA	90kg	85.4	31	127.5	67.5	147.5	342.5	302.976		281.1	148.8	325.2	755.1
3	Dottie Shaw	WA	90kg	89.3	56	105	60	137.5	302.5	262.237	326.748	231.5	132.3	303.1	666.9
	SHW Open														
1	Amy Rubino	WA	SHW	103.75	29	122.5	65	147.5	335	276.107		270.1	143.3	325.2	738.5
	75kg Submaster														
DQ	Tamara Farber	WA	75kg	67.9	38	95	0	97.5	0	0		209.4	0	214.9	0
	75kg Master 50-54														
1	Debbie Nelson	WA	75kg	73.55	53	87.5	45	137.5	270	259.875	307.692	192.9	99.2	303.1	595.2
	82.5kg Master 40-44														
1	Sherry Phay	WA	82.5kg	79.3	44	110	77.5	137.5	325	298.838	311.688	242.5	170.9	303.1	716.5

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Men Single Ply Powerlifting															
	110kg Open														
DQ	Daniel Randall	WA	110kg	105.2	31	0	0	0	0	0		0	0	0	0
Women Raw Bench Only															
	90kg Open														
1	Tahiamauani Malu	WA	90kg	87.85	37		82.5		82.5	72.031			181.9		181.9
	90kg Submaster														
1	Tahiamauani Malu	WA	90kg	87.85	37		82.5		82.5	72.031			181.9		181.9
Men Raw Bench Only															
	100kg Open														
1	Jesse Littleton	WA	100kg	97.06	28		177.5		177.5	109.376			391.3		391.3
	SHW Open														
1	Siota Malu	WA	SHW	151.35	35		170		170	93.942			374.8		374.8
	75kg Master 55-59														
1	Terrence Austin	WA	75kg	74.95	57		130		130	92.677	117.514		286.6		286.6
Women Raw Deadlift Only															
	90kg Open														
1	Jaymee Mansanas	WA	90kg	88.8	26			167.5	167.5	145.558				369.3	369.3
2	Tahiamauani Malu	WA	90kg	87.85	37			152.5	152.5	133.148				336.2	336.2
	90kg Submaster														
1	Tahiamauani Malu	WA	90kg	87.85	37			152.5	152.5	133.148				336.2	336.2
Men Raw Deadlift Only															
	SHW Open														
1	Siota Malu	WA	SHW	151.35	35			235	235	129.861				518.1	518.1
Women Raw Push-Pull															
	60kg Open														
1	Elena Unruh	WA	60kg	58.7	34		47.5	140	187.5	212.625			104.7	308.6	413.4
	SHW Open														
1	Katie Hoblet	WA	SHW	113.45	39		50	112.5	162.5	131.3			110.2	248	358.2

Thank you to our referees:

State: Michael Estella, Zach Miller, Erick Leland, Darleen Tippie and Ryan Turgano.