

## USPA Freedom Fitness Classic December 15, 2018 Lawton, OK

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	44kg Jr 13-15														
1	Ella Porter	OK	44kg	43	13	67.5	35	90	192.5	275.179		148.8	77.2	198.4	424.4
	56kg Jr 18-19														
1	Melissa Castillo	TX	56kg	54.9	19	120	62.5	132.5	315	376.425		264.6	137.8	292.1	694.4
	67.5kg Jr 13-15														
1	Lauren Haizlip	OK	67.5kg	66.9	14	67.5	32.5	82.5	182.5	187.464		148.8	71.6	181.9	402.3
	48kg Open														
1	Ashton Parsons	TX	48kg	47.1	28	87.5	47.5	110	245	328.986		192.9	104.7	242.5	540.1
	60kg Open														
DQ	Karina Figueroa	TX	60kg	57.1	25	107.5	0	125	0	0		237	0	275.6	0
	75kg Open														
1	Samantha Watson	OK	75kg	68.4	30	115	62.5	142.5	320	323.52		253.5	137.8	314.2	705.5
	SHW Open														
DQ	Whitney Johnson	TX	SHW	106.3	28	0	35	92.5	0	0		0	77.2	203.9	0
	60kg Submaster														
1	Linda Badillo	OK	60kg	59.5	37	75	55	105	235	263.694		165.3	121.3	231.5	518.1
								4th: 107.5							
	60kg Master 40-44														
1	Angela Joines	OK	60kg	58.1	43	117.5	62.5	120	300	342.96	353.592	259	137.8	264.6	661.4
	67.5kg Master 40-44														
1	Natasha Whitfield	OK	67.5kg	66.4	41	102.5	60	142.5	305	315.004	318.154	226	132.3	314.2	672.4
								4th: 147.5							
	67.5kg Master 50-54														
DQ	Christine Hohnke	OK	67.5kg	66.4	50	0	57.5	120	0	0	0	0	126.8	264.6	0
	67.5kg Master 55-59														
1	Sharon Forrester	OK	67.5kg	64.4	55	105	70	125	300	316.92	388.227	231.5	154.3	275.6	661.4
	SHW Master 45-49														
1	Jennifer Thomas	OK	SHW	105.9	47	122.5	60	183	365.5	299.71	324.286	270.1	132.3	403.4	805.8

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<b>Men Raw Powerlifting</b>															
	82.5kg Jr 18-19														
1	Ian Larson	KS	82.5kg	81.4	19	170	122.5	190	482.5	325.881		374.8	270.1	418.9	1063.7
	90kg Jr 20-23														
1	Christian Rodriguez	OK	90kg	87.9	21	220	142.5	250	612.5	395.859		485	314.2	551.2	1350.3
	75kg Open														
1	Victor Solis	TX	75kg	71.1	29	207.5	137.5	230	575	425.845		457.5	303.1	507.1	1267.6
2	Tyler Rose	OK	75kg	73.3	22	200	135	210	545	394.689		440.9	297.6	463	1201.5
3	Nelson Matos	OK	75kg	72.9	27	162.5	130	210	502.5	365.368		358.2	286.6	463	1107.8
	90kg Open														
1	Zach Musgrive	OK	90kg	89.3	27	227.5	142.5	272.5	642.5	411.843		501.5	314.2	600.8	1416.5
	110kg Open														
1	Bruce Rochelle	OK	110kg	109.9	26	232.5	160	262.5	655	385.599		512.6	352.7	578.7	1444
	125kg Master 55-59														
1	Kurt Gray	OK	125kg	122.2	55	215	150	245	610	349.286	427.875	474	330.7	540.1	1344.8
<b>Women Classic Raw Powerlifting</b>															
	67.5kg Open														
1	Tylar Mcnitt	OK	67.5kg	65.5	24	97.5	65	140	302.5	315.568		214.9	143.3	308.6	666.9
	75kg Open														
1	Lacey Gretsinnger	OK	75kg	74.1	25	140	75	165	380	364.002		308.6	165.3	363.8	837.7
	90kg Open														
1	Heather Porter	OK	90kg	84.5	40	185	97.5	195	477.5	424.545	424.545	407.9	214.9	429.9	1052.7
	90kg Master 40-44														
1	Heather Porter	OK	90kg	84.5	40	185	97.5	195	477.5	424.545	424.545	407.9	214.9	429.9	1052.7
<b>Men Classic Raw Powerlifting</b>															
	90kg Open														
1	Devin Weaver	OK	90kg	89.5	32	215	180	250	645	412.929		474	396.8	551.2	1422
2	Justin Vester	OK	90kg	87.9	27	227.5	142.5	227.5	597.5	386.164		501.5	314.2	501.5	1317.2
	100kg Open														
1	Chad Duff	OK	100kg	97.6	34	267.5	195	295	757.5	465.635		589.7	429.9	650.4	1670
DQ	Stephen Trevino	OK	100kg	98.7	28	212.5	0	232.5	0	0		468.5	0	512.6	0

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	110kg Open														
1	Kenneth Coleman	AR	110kg	103.2	41	385	225	335	945	568.229	573.911	848.8	496	738.5	2083.3
	125kg Open														
1	Chris Blanton	OK	125kg	121.9	36	250	155	227.5	632.5	362.359		551.2	341.7	501.5	1394.4
	90kg Submaster														
1	Andy Young	OK	90kg	87.5	35	215	137.5	225	577.5	374.162		474	303.1	496	1273.2
	100kg Master 40-44														
1	Darnell Coleman	OK	100kg	99.5	41	267.5	192.5	302.5	762.5	464.973	469.622	589.7	424.4	666.9	1681
	110kg Master 40-44														
1	Kenneth Coleman	AR	110kg	103.2	41	385	225	335	945	568.229	573.911	848.8	496	738.5	2083.3
<b>Women Single Ply Powerlifting</b>															
	60kg Master 45-49														
1	Michelle Branigan	TX	60kg	60	49	90	60	127.5	277.5	309.385	344.345	198.4	132.3	281.1	611.8
<b>Men Single Ply Powerlifting</b>															
	82.5kg Open														
1	Kris Parsons	OK	82.5kg	79.8	31	260	205	245	710	485.498		573.2	451.9	540.1	1565.3
	125kg Open														
DQ	Henry Thomason	TX	125kg	125	39	417.5	0	0	0	0		920.4	0	0	0
	125kg Submaster														
DQ	Henry Thomason	TX	125kg	125	39	417.5	0	0	0	0		920.4	0	0	0
<b>Women Raw Bench Only</b>															
	60kg Submaster														
1	Linda Badillo	OK	60kg	59.5	37		55		55	61.716			121.3		121.3
<b>Men Raw Bench Only</b>															
	110kg Master 70-74														
1	Michael Branigan	TX	110kg	103.2	72		80		80	48.104	82.643		176.4		176.4
<b>Women Raw Deadlift Only</b>															
	SHW Master 45-49														
1	Jennifer Thomas	OK	SHW	105.9	47			183	183	150.06				403.4	403.4
<b>Men Raw Deadlift Only</b>															
	110kg Master 70-74														
1	Michael Branigan	TX	110kg	103.2	72			160	160	96.208	165.285			352.7	352.7

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<b>Women Raw Push-Pull</b>															
	90kg Open														
1	Heather Porter	OK	90kg	84.5	40	97.5	195	292.5	260.062	260.062			214.9	429.9	644.8
	90kg Master 40-44														
1	Heather Porter	OK	90kg	84.5	40	97.5	195	292.5	260.062	260.062			214.9	429.9	644.8
<b>Men Raw Push-Pull</b>															
	90kg Open														
1	Gage Morrow	OK	90kg	89.8	22	145	257.5	402.5	257.238				319.7	567.7	887.4
Thank you to our referees:															
National- Victoria Powell and Brianna Harris															
State- Josh Nooner, Stephanie Prewett, Robert Adams and Babette Adams															
Practical- Rodger Walters															
Best Lifters:															
Women Junior Raw- Melissa Castillo															
Women Open Raw- Ashton Parsons															
Women Classic Raw- Heather Porter															
Women Master Raw- Sharon Forrester															
Men Open Raw- Victor Solis															
Men Open Classic Raw- Kenneth Coleman															