

United Powerlifting Association



Jakked Gym Presents: UPA Illinois 'Single Lift Series' Session 3 'SQUAT'

MEET DIRECTOR

Byron Hicks - Illinois UPA Chair
Email JakkedGym@Gmail.com or call Tami Hicks @ 630-913-4492
for all
inquiries.

EVENT LOCATION

Jakked Hardcore Gym
1450 S. East River Rd, Montgomery, IL 60538
2 miles south of downtown Aurora, on the east bank of the river
just past Mill St. Accessible from I-88 to the north and Route 30
to the south.

ELIGIBILITY

All entries must have a valid UPA registration card and must
present proof at weigh-in. Fee is \$30 per card, \$15 for High
School divisions. Registration will be available at weigh-ins.

WEIGH-IN

Same day Weigh-In Will Be Permitted

Weigh-Ins will be held at Jakked Hardcore Gym

All Lifters - Sunday the 13th ---- 7AM - 8AM ONLY

EVENT START TIME

All Lifters - Sunday the 13th at 10AM
**** Mandatory Rules Meeting at 9:30AM ****

CONTEST LIFTS

SQUAT ONLY

SESSIONS

All Squat with no breaks. Flights will be determined and posted
after all lifters have been weighed in.

PARKING

DO NOT PARK IN THE RESTAURANT PARKING LOT!!! YOU WILL BE TOWED!!! Follow any parking sign we have posted the Day of The Event. PLEASE be sure NOT TO LITTER in our neighbors lawns or around the building.

ENTRY FEE

A fee of \$50 must accompany this entry form for SQUAT ONLY

Add \$10 for a UPA-AD (tested) division. Add \$10 for each additional division. Add \$15 if entering both UPA and UPA-AD.

ENTRY DEADLINE

A \$30 late fee will be charged for entries received after 7/28/17.

Absolutely No refunds on entry fees. *NO EXCEPTIONS*****

No same-day entries will be accepted without prior approval from Byron Hicks.

AWARDS

Each lifter will receive a certificate of their lifts the day of competition. Awards will be presented to the strongest male and female lifter by coefficients.

MEET HOTEL

No Official Hotel, numerous options available in the area at the intersection of I-88 and Orchard Rd or off of Rt.30, near Douglas Avenue.

AIRPORTS

Chicago O'Hare International Airport (ORD)
Midway Airport

RULES

Check www.upapower.com for information and rulebook

UNIFORM

Must have one piece lifting suit or wrestling singlet

ADDITIONAL INFORMATION

Check www.jakkedgym.com

UPA Illinois Single Lift Series-- Squat August 13th, 2017

Mail Entry To:
 Jakked Gym - UPA
 1450 S. East River Rd Unit D
 Montgomery, IL 60538

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone: _____ Alternate Phone: _____

Date of Birth: _____ Age at time of competition: _____

Team: _____

Sponsors: _____

Division

- Squat
 Raw **Or** Equipped
 UPA **And/Or** UPA-AD
 Open
 Junior (20-23)
 Teenage (circle one)
 13-15 16-17 18-19
 Masters (circle one)
 33-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74

Weight Class (circle one)

Men	Women
114	97
123	105
132	114
148	123
165	132
181	148
198	165
220	181
242	198
275	SHW
308	
SHW	

UPA #: _____ Exp Date: _____

Entry Fee

(Check All That Apply)

SQUAT ONLY

- UPA \$50
- UPA-AD \$60
- BOTH \$65

- Addtl Division \$10 (\$20 UPA-AD) Division: _____
- Addtl Division \$10 (\$20 UPA-AD) Division: _____
- Addtl Division \$10 (\$20 UPA-AD) Division: _____

- UPA Card \$30
- Teen UPA Card \$15

- Late Fee (after 7/28) \$30**

Total:

Cash, Check or Paypal Accepted. You do **not** need to write a separate check for t-shirts.

- Make checks payable to Jakked Hardcore Gym**
- Send payment to Paypal @ Jakkedgym@gmail.com (add 4 %)**

Release and Waiver

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the United Powerlifting Association LLC, Meet Director Byron Hicks, Jakked Hardcore Gym, event staff, their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the UPA IL SQUAT ONLY MEET held on August 13th, 2017. I understand that powerlifting is a physically demanding sport with inherent risks and certify I am capable of participating.

I understand there is random drug testing by urinalysis on a minimum of 10% of all UPA-AD division lifters. The UPA will permanently ban from the UPA-AD division any lifter testing positive for a prohibited substance.

Signature _____ Date _____

Parent Signature if under 18 years old _____

Date _____

For updates on the meet go to jakkedhardcore.com